



PAAMA NATIONAL IJTEMA 2017



Programme – Men and Boys				
Time*	Atfal 7-10 Age Group	Atfal 11-15 Age Group	Khuddam	Ansar
04:00-04:30	Tahajjud Prayers			
05:00-05:15	Fajr Prayers			
05:15-05:30	Dars-ul-Qur'an			
07:30-09:00	Breakfast			
09:00-10:00	Registration			
10:00-10:30	OPENING SESSION			
10:30-11:30	Tilawat Competition	Tilawat Competition	Prepared Speech Competition	Prepared Speech Competition
11:30-12:00	Adhan Competition	Adhan Competition	Extempore Speech Competition	Extempore Speech Competition
12:00-12:30	Prepared Speech Competition	Prepared Speech Competition	Tilawat Competition	Tilawat Competition
12:30-13:00	Team Quiz	Team Quiz	Team Quiz	Team Quiz
13:00-13:45	Lunch			
13:45-14:15	Zuhr Prayers			
14:15-14:45	PRESENTATION: KHILAFAT – THE ROPE OF ALLAH			
15:00-15:15	100 Metres Race	100 Metres Race	100 Metres Race	100 Metres Race
15:15-15:30	3-Legged Race	4 x 100 Metres Relay	4 x 100 Metres Relay	4 x 100 Metres Relay
15:30-16:20	Football	Football	Football	Football
16:20-16:35	Obstacle Course	Obstacle Course	Tug of War	Tug of War
16:35-16:50	Penalty Shoot Out	Penalty Shoot Out	Shot Put	Shot Put
16:50-17:00	---	---	Penalty Shoot Out	Penalty Shoot Out
17:30-17:45	Asr Prayers			
17:45-18:00	Preparation for Final Session			
18:00-19:00	FINAL SESSION			

* Approximate times only and may be subject to change



PAAMA NATIONAL IJTEMA 2017



Programme – Ladies and Girls				
Time*	Nasirat 7-10 Age Group	Nasirat 11-14 Age Group	Lajna Under 25's	Lajna Over 25's
04:00-04:30	Tahajjud Prayers			
05:00-05:15	Fajr Prayers			
05:15-05:30	Dars-ul-Qur'an			
07:30-09:00	Breakfast			
09:00-10:00	Registration			
10:00-10:30	OPENING SESSION			
10:30-11:30	Tilawat Competition	Tilawat Competition	Prepared Speech Competition	Prepared Speech Competition
11:30-12:00	Nazm/Qaseedah Competition	Nazm/Qaseedah Competition	Tilawat Competition	Tilawat Competition
12:00-12:30	Prepared Speech Competition	Prepared Speech Competition	Nazm/Qaseedah Competition	Nazm/Qaseedah Competition
12:30-13:00	Team Quiz	Team Quiz	Team Quiz	Team Quiz
13:00-13:45	Lunch			
13:45-14:15	Zuhr Prayers			
14:15-14:45	PRESENTATION: KHILAFAT – THE ROPE OF ALLAH			
15:00-15:30	Egg and Spoon Race	Egg and Spoon Race	100 Metres Race	100 Metres Race
15:30-16:00	3-Legged Race	3-Legged Race	Egg and Spoon Race	Egg and Spoon Race
16:00-16:30	Sack Race	Sack Race	Volleyball	Musical Chairs
16:30-17:00	50 Metres Race	50 Metres Race	Colour Ball Picking	Colour Ball Picking
17:30-17:45	Asr Prayers			
17:45-18:00	Preparation for Final Session			
18:00-19:00	FINAL SESSION			

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